



EAT. DRINK. ENJOY.

APPETIZERS

- CRUDITÉ**

160 Cals, 7g Carbs, 1g Prot, 14g Fat, 342mg Sodium

Carrot | Celery | Radish | Ranch
- DEEP-FRIED PICKLES**

399 Cals, 28g Carbs, 4g Prot, 32g Fat, 1562mg Sodium

Breaded Pickle Slices | Ranch
- SHRIMP COCKTAIL***

126 Cals, 12g Carbs, 16g Prot, 1.5g Fat, 394mg Sodium

White Shrimp | Cocktail Sauce
Lemon Wedge



ENTREES

All entrees include a choice of two sides.

- CHICKEN FRIED STEAK***

393 Cals, 28g Carbs, 33g Prot, 15g Fat, 398mg Sodium

4oz Chicken Fried Steak | Country Gravy
- PORK SCHNITZEL***

459 Cals, 28g Carbs, 35g Prot, 24g Fat, 518mg Sodium

5oz Breaded Pork Loin | Lemon
Cucumber | Red Onion | Dill
- ROAST BEEF***

334 Cals, 14g Carbs, 19g Prot, 22g Fat, 1213mg Sodium

5oz Slow-Cooked Roast Beef
Beef Gravy
- SEARED TILAPIA***

482 Cals, 25g Carbs, 54g Prot, 22g Fat, 1852mg Sodium

6oz Tilapia | Capers | Hard Boiled Egg
Pickle | Parsley | Olive Oil
- SEARED SALMON***

362 Cals, 29g Carbs, 26g Prot, 15g Fat, 861mg Sodium

4oz Salmon Fillet | Honey Soy
Ginger | Scallion



CHEF’S FEATURE
Ask your server for today’s selection.



- LOBSTER & SCALLOP RAVIOLI***

625 Cals, 50g Carbs, 19g Prot, 39g Fat, 578mg Sodium

Lobster | Scallop | Shrimp | Chive
Potato & Roasted Corn Cream
Crispy Potato
- RAINBOW CHICKEN***

312 Cals, 15g Carbs, 26g Prot, 17g Fat, 253mg Sodium

4oz Seared Chicken Breast | Carrot
Red Onion | Red Bell Pepper
Cherry Tomato | Yellow Squash
Balsamic Vinegar

CHICKEN TENDER BASKET*

247 Cals, 14g Carbs, 39g Prot, 6g Fat, 985mg Sodium

Three Piece Chicken Tender
BBQ or Ranch

SHRIMP BASKET*

415 Cals, 91g Carbs, 12g Prot, 1.5g Fat, 2212mg Sodium

Tartar Sauce | Cocktail Sauce | Lemon

SIDES

- Mashed Potatoes & Gravy
Baked Potato
French Fries
Onion Rings
Sweet Potato Fries
Hashbrowns
Cottage Cheese
Fruit
Steamed Carrots
Steamed Broccoli
Steamed Green Beans
Baked Beans
Coleslaw
Potato Salad
Rice Pilaf
Garlic Bread
Side Salad
Feature Soup

Vegetarian

Gluten-Free Friendly

Thrive Healthier Choice

*Consuming raw or undercooked animal products, such as meat or eggs, may increase your risk of foodborne illness, especially if you have certain medical conditions.

HANDHELDS

All handheld selections are served with a choice of one side.
Select handhelds can be gluten-free.

CLASSIC CHEESEBURGER*

634 Cals, 27g Carbs, 36g Prot, 41g Fat, 1361mg Sodium
5oz All-Beef Patty | American Cheese | Lettuce | Tomato
Onion | Pickle | Toasted Bun

FRIED CHICKEN SANDWICH*

732 Cals, 75g Carbs, 37g Prot, 26g Fat, 1383mg Sodium
Breaded 4oz Chicken Breast | Mayonnaise | Lettuce | Tomato
Onion | Toasted Bun

FISH SANDWICH*

564 Cals, 62g Carbs, 22g Prot, 19g Fat, 1347mg Sodium
5oz Battered Cod | American Cheese | Tartar Sauce
Lettuce | Toasted Bun

FRIED PORTOBELLO SANDWICH

498 Cals, 75g Carbs, 14g Prot, 11g Fat, 1635mg Sodium
Breaded Portobello Mushroom
Swiss Cheese | Red Pepper Relish
Toasted Bun



PICK TWO

HALF OR WHOLE SANDWICH

Accompanied with a cup of soup or side salad.

Choice of Protein: Ham | Turkey | Chicken Salad* | BLT*
Choice of Cheese: American | Cheddar | Swiss
Choice of Bread: White | Wheat | Marble Rye



SALADS



Add Grilled Chicken*, Salmon*,
Crispy Chicken*, Shrimp*

Dressing Selection: Buttermilk Ranch, Blue
Cheese, Dorothy Lynch, Italian, Oil & Vinegar,
Poppy Seed

GARDEN SALAD V

130 Cals, 24g Carbs, 5g Prot, 2g Fat,
258mg Sodium

Mixed Greens | Cucumber | Radish
Tomato | Carrot | Red Onion
Crouton | Choice of Dressing

CHOPPED SALAD

285 Cals, 14g Carbs, 12g Prot, 19g Fat,
370mg Sodium

Mixed Greens | Bacon | Tomato
Avocado | Cucumber | Hard Boiled Egg
Crouton | Choice of Dressing

CAESAR SALAD

567 Cals, 56g Carbs, 18g Prot, 40g Fat,
1306mg Sodium

Romaine Hearts | Croissant Crouton
Parmesan | Caesar Dressing

CHEF’S SOUP OF THE DAY

Prepared with only the freshest ingredients.
Be sure to ask your server for today’s
selection.

 *Broth-based soup is the healthier
choice.*

BREAKFAST FOR DINNER



Includes the choice of one side.

CHEESE BLINTZ

313 Cals, 53g Carbs, 7g Prot, 8g Fat, 156mg Sodium
Crepe | Farmer’s Cheese | Mixed Berry Compote | Strawberry

IMMANUEL BREAKFAST*

439 Cals, 31g Carbs, 18g Prot, 26g Fat, 1042mg Sodium
Two Eggs Any Style | Two Pieces of Bacon or Sausage
Buttermilk Biscuit

DRINKS

Coca-Cola Products
Lemonade
Fruit Juice
Milk
Iced Tea
Hot Tea
Coffee

THRIVE HEALTHIER CHOICE OPTIONS

We understand residents and guests have varying food
preferences. With that in mind, we can modify menu selections
to make your menu choices better fit your individual needs.

- The THRIVE symbol indicates:
 - Entree: <750 kcals, <8g saturated fat, and <700mg sodium
 - Appetizers & Sides: <250 kcals, <3g saturated fat,
and <600mg sodium
- Smaller portions for select menu items are available.

 **Vegetarian**

 **Gluten-Free Friendly**

 **Thrive Healthier Choice**

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