



BREAKFAST

WAFFLES* 5/6 v

635 Cals, 93g Carbs, 8g Prot, 23g Fat, 881mg Sodium
Berry Compote | Maple Syrup | Whipped Butter

FRENCH TOAST* 5/6 v

449 Cals, 74g Carbs, 6g Prot, 13g Fat, 521mg Sodium
Texas Toast | Maple Syrup | Whipped Butter

BISCUITS & GRAVY..... 5/6

620 Cals, 38g Carbs, 19g Prot, 44g Fat, 1799mg Sodium
Buttermilk Biscuits | Sausage Gravy

DENVER OMELET* 8/9

425 Cals, 22g Carbs, 30g Prot, 24g Fat, 823mg Sodium
Two Eggs | Ham | Green Bell Pepper
Cheddar Cheese

LIGHTER FARE

OATMEAL..... 1.50/2.50 v

345 Cals, 61g Carbs, 11g Prot, 8g Fat, 35mg Sodium
Berries | Granola

FRESHLY BAKED PASTRIES 1.50/2.50 v

FRESH FRUIT CUP..... 1.50/2.50 v

117 Cals, 30g Carbs, 2g Prot, 0g Fat, 28mg Sodium

PARFAIT 5/6 v

190 Cals, 19g Carbs, 14g Prot, 6g Fat, 102mg Sodium
Berries | Greek Yogurt | Granola

BUILD YOUR OWN BREAKFAST PLATTER

Toast.....	.50	Sausage Patty*.....	1
White / Wheat / Marble Rye		Ham.....	1
Egg*	1	English Muffin	1
Bacon (1 pc.)*	1	Bagel.....	3
Whole Fruit.....	1	Hash Brown.....	2



MENU

MUNCHIES

FRENCH FRIES 2/3 v

350 Cals, 31g Carbs, 3g Prot, 24g Fat, 418mg Sodium

ONION RINGS..... 3/4 v

301 Cals, 26g Carbs, 2g Prot, 21g Fat, 351mg Sodium





GREENS

Dressing Selection: Buttermilk Ranch, Blue Cheese, Dorothy Lynch, Italian, Poppy Seed, Oil & Vinegar

COBB SALAD* 12/13 ^{GFF}

439 Cals, 10g Carbs, 37g Prot, 25g Fat, 464mg Sodium
Romaine Heart | Grilled Chicken | Bacon | Tomato
Hard-Boiled Egg | Avocado | Cheddar Cheese

MEDITERRANEAN SALAD* 13/14 ^{GFF}

288 Cals, 20g Carbs, 25g Prot, 13g Fat, 1155mg Sodium
Poached Shrimp | Romaine Heart | Tomato | Red
Onion | Kalamata Olives | Cucumbers | Capers
Hard Boiled Egg | Red Potato

FRUIT PLATTER 6/7 ^V

239 Cals, 39g Carbs, 12g Prot, 5g Fat, 71mg Sodium
Melon | Grape | Berries | Yogurt or Cottage Cheese

SOUP

Ask your server about our soup of the day.

CUP 3/4

BOWL 4/5

ENTREES

Entrees include a choice of two sides.

FRIED BONE-IN CHICKEN BREAST* 11/12

733 Cals, 59g Carbs, 51g Prot, 34g Fat, 876mg Sodium
8oz Breaded Chicken Breast | Buttermilk Biscuit
Honey Butter

PORK RIBS* 13/14

619 Cals, 23g Carbs, 46g Prot, 38g Fat, 1351mg Sodium
Three Bone Pork Rack | BBQ Sauce
Buttermilk Biscuit | Honey Butter

CEDAR PLANK SALMON* 15/16 ^{GFF} ^V

575 Cals, 49g Carbs, 35g Prot, 23g Fat, 263mg Sodium
4oz Atlantic Salmon | Whiskey Glaze

BEEF TIPS* 15/16

298 Cals, 4g Carbs, 22g Prot, 21g Fat, 440mg Sodium
4oz Beef Tenderloin Tips | Mushroom & Onion Gravy



PUB SLIDERS

Pub sliders and sandwiches come with a choice of one side.

CHEESEBURGER* 6/7

532 Cals, 35g Carbs, 29g Prot, 31g Fat, 837mg Sodium
All-Beef Patty | American Cheese | King's Hawaiian Roll

BONELESS PORK RIB SLIDERS* 7/8

599 Cals, 60g Carbs, 29g Prot, 25g Fat, 790mg Sodium
2oz Boneless Pork Rib | Pickle | Red Onion
BBQ Sauce | King's Hawaiian Roll

CARSON'S SIGNATURE* 7/8

594 Cals, 56g Carbs, 27g Prot, 29g Fat, 720mg Sodium
All-Beef Patty | Whiskey & Coke Onions
Swiss Cheese | King's Hawaiian Roll

PUB SANDWICHES

PECAN CHICKEN SALAD* 6/7 ^V

281 Cals, 36g Carbs, 13g Prot, 10g Fat, 769mg Sodium
Chicken Breast | Pecan | Grape | Lettuce | Tomato
Toasted White Bread

A.B.L.T.* 9/10

428 Cals, 35g Carbs, 12g Prot, 24g Fat, 894mg Sodium
Avocado | Bacon | Lettuce | Tomato
Toasted White Bread

STEAK PHILLY* 11/12

578 Cals, 64 Carbs, 35g Prot, 22g Fat, 1319mg Sodium
4oz Chopped Beef | Onions | Peppers
Mushrooms | Provolone | Hoagie Roll

BLACKSTONE REUBEN* 11/12

594 Cals, 34g Carbs, 35g Prot, 35g Fat, 1567mg Sodium
Corned Beef | Swiss | Sauerkraut
Thousand Island Dressing | Toasted Marble Rye

SIDES (2.50)

Seasonal Fresh Vegetable
Whiskey Glazed Carrots
Broccoli
Greens Beans
Yukon Mashed Potatoes
Potato Chips
Potato Salad

French Fries
Onion Rings
Baked Beans
Coleslaw
Cottage Cheese
Fruit
Side Salad

BRICK OVEN PIZZA

CHEESE PIZZA 6/7

Toppings .50 each

Pepperoni	Chicken*	Tomato
Ham	Bacon*	Onion
House Sausage*	Extra Cheese	Bell Pepper
Ground Beef*	Black Olive	Mushroom

**Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.*

^V Vegetarian ^{GFF} Gluten-Free Friendly

^V Thrive Healthier Choice